

### ***A Strong Start to the New Term***

It has been a brilliant week at Islip Manor High School as we have welcomed all students back after the summer holidays. It was lovely to see our Year 8, 9 and 10 students return so positively on Monday, joining the year groups who had already started back with us last week. We have been really pleased with the standard of school uniform across the school. Thank you to families for your support in making sure students have returned looking smart and ready to learn.

This week, we have also introduced some new routines to help us maximise learning time. Students are now lining up after breaktimes and lunchtimes before being escorted into lessons by their teachers. This is quite a significant change to the way we organise movement around the school, and students have responded fantastically well. We can already see the positive impact, with lessons beginning more smoothly and students arriving more focused and ready to learn. It has been really encouraging to see both students and teachers benefiting from this stronger start to learning.

There are also some important events coming up later this month. For our Year 11 families, we will be holding our Securing Exam Success Evening on Tuesday 22nd September at 5pm. Please put this date in your diary. This is a really important evening to help families understand the structure of Year 11, how to support revision at home, and how to help students manage the pressure of such an important year.

On Thursday 24th September, we are looking forward to welcoming our Year 7 families for our Year 7 Welcome Evening. This will be an opportunity to ask questions, find out more about how the school operates and hear how well Year 7 have settled into life at Islip Manor High School.

Finally, please do help us promote our Open Evening for Year 6 families, which takes place on Tuesday 29th September from 5.30pm to 7.30pm. If you know families who are considering secondary school choices, please encourage them to come along. Places can be booked through our school website.

Thank you, as always, for your continued support.

***Ms Marion Budd***  
***Headteacher***



We have had a very strong start to term, and I wish all of our families a good weekend.

### **DATES FOR YOUR DIARIES**

Tuesday 22<sup>nd</sup> September

Thursday 24<sup>th</sup> September

Friday 25<sup>th</sup> September

Tuesday 29<sup>th</sup> September

Tuesday 6<sup>th</sup> October

Wednesday 7<sup>th</sup> October

Year 11 Securing Exam Success Evening (5-6pm)

Year 7 Welcome Evening (5-6pm)

Year 10 Walking Tour Event

Open Evening (5.30-7.30pm)

A Level Physics UK AEA Centre for Fusion Energy Trip

Year 9 Inspire Trip to Natural History Museum & Lyceum Theatre

## Year 7 – Welcome to the Islip Manor Family

### What a great start our Year 7s have made!

Starting secondary school is a big step, but I have been really pleased with how quickly the year group are beginning to settle in. Feedback from staff has been really positive, and each day we are seeing students become a little more confident finding their way around, getting to know their teachers and building new friendships.

Our school values are the **5 Cs: Courageous, Confident, Curious, Creative and Collaborative**. Alongside these, this year we are putting a real focus on **belonging**. We want every Year 7 student to feel that Islip Manor is **their** school, that they are known here and that they are an important part of our community.

With planners and timetables issued, Yondr pouches in hand and – after a slight technical hitch – fingerprints finally scanned, I think we can officially say they are members of the **Islip Manor family!**

The first few days have involved much more than simply finding classrooms. Year 7 have been learning our routines and expectations, navigating a much bigger school and, of course, getting to grips with seated dining! They have certainly enjoyed finding me around school to tell me about everything they have been doing, so hopefully you are hearing some of those stories at home too.

With the whole school now back, the corridors might suddenly feel a little smaller – **or perhaps everyone just looks a little taller when you're in Year 7!**

Although the initial induction is coming to an end, our support isn't. This is only phase one. Over the coming weeks, **form tutor check-ins, Interform competitions, the IMHS Conduct Curriculum and continued support from the Year Team** will help students develop their confidence and independence as they settle fully into life at Islip Manor.

Thank you to our Year 7 families too for the support you have given students during their first few days.

They have made a brilliant start. Now we want to build on it.

**Welcome to Islip Manor, Year 7 – you belong here.**

**Mr Connage**

Head of Year 7



## Race Equality at Islip Manor High School - Weekly Update

### Race Equality: Celebrating Progress and Moving Forward Together



Every student deserves to feel seen, heard, valued and proud of who they are. Last academic year, our school community took important steps towards making this ambition a reality at Islip Manor High School, with students, staff and families helping to shape our work on race equality.

There was much to celebrate. Black History Month brought learning to life across the curriculum, from exploring Black scientists, designers and writers to celebrating Caribbean cuisine. Students and staff stood together against racism through Wear Red Day, while our summer Culture Day gave students a joyful opportunity to share their heritage, celebrate their identities and learn from one another.

The year ended with outstanding recognition at the Descendants Achievement Awards. Hodan F. won the Lord Paul Boateng Award, while Leo M. won both the STEM Award across Ealing secondary schools and the evening's overall award. Alongside fellow shortlisted student Shalom E., they gave our community every reason to feel proud.

Listening also led to practical action. Student, parent and staff surveys helped identify priorities, and our "You Said, We Did" assemblies showed students how their feedback was shaping improvements. Through the Race Equality Parent Forum, families raised important questions about fairness, communication and support. Their contributions helped shape changes to our support-planning process, placing families at the heart of planning for students experiencing repeated internal suspension referrals.

Our autumn behaviour reviews also showed encouraging progress towards fairer representation for several ethnic groups, while highlighting where further work remains.

Thank you to every parent, carer, student and colleague who contributed ideas, shared experiences and supported this work. Your involvement matters.

This year, we look forward to building on these achievements: strengthening staff training, making representation more visible throughout the year, improving consistency in support and continuing to listen carefully to our community. Together, we can keep moving forward towards a school where every young person feels they belong and has the opportunity to thrive.



#### Race Equality Leads:

**Angela Miller (Parent Ambassador and teacher), Marie Dennis (Inclusion Manager and Assistant Headteacher) & Matt Haresnape (Senior Deputy Headteacher)**



# Protect Yourself This Winter

## Get Your **FREE** School Flu Vaccine

*Vaccinated at school, protected for winter - an easy and convenient way for your child to receive their **free flu vaccine** during the school day.*



All secondary school students are being offered a **FREE** NHS flu vaccination this autumn.

- ✓ Offered during the school day
- ✓ All eligible year groups are invited
- ✓ Parents/carers will receive an email requesting consent before the vaccination session.

There are two vaccine options:

- **Nasal spray** (the preferred vaccine for most children)
- **Injectable flu vaccine** (gelatine free, available when appropriate)

Getting vaccinated helps reduce the spread of flu and protects those most at risk.

Look out for your consent email and complete it before your school's vaccination day.



For more information about vaccines:  
[www.schoolvaccination.uk](http://www.schoolvaccination.uk)

Part of the NHS School Aged Immunisation Service





# BIG BROTHER LITTLE BROTHER CIC

MENTORING • EMPOWERMENT • OPPORTUNITY • CHANGE

## WHO WE ARE

Big Brother Little Brother CIC is a youth mentoring and early intervention organisation led by professionally trained mentors with lived experience.

**We meet young people where they are and walk alongside them to help them reach their full potential.**

## BIG SIS LITTLE SIS

We also support females through mentoring, guidance and early intervention. Our Big Sis Little Sis programme empowers females to build confidence, develop positive relationships and reach their full potential.

## OUR IMPACT



**INCREASES  
CONFIDENCE**  
and self-esteem



**REDUCES  
RISKY  
BEHAVIOUR**  
and reoffending



**IMPROVES  
ENGAGEMENT**  
in education,  
employment  
and training



**BUILDS  
STRONGER,  
SAFER  
COMMUNITIES**

**TOGETHER,  
WE CAN CHANGE LIVES.**

- ✓ Schools & Colleges
- ✓ Local Authorities & Youth Services
- ✓ Referrals & Community Partners

*Separate2Elevate*

# REAL MENTORS. REAL EXPERIENCE. REAL CHANGE.

We empower young men and women to overcome challenges, build confidence and create brighter futures.



SUPPORTING YOUNG  
MALE AND FEMALES

**AGED 11 & OVER**

ACROSS SCHOOLS,  
COMMUNITIES &  
CUSTODIAL SETTINGS

## OUR PROGRAMMES



### 1:1 & GROUP MENTORING

Building trust, confidence and positive relationships



### CRIMINAL EXPLOITATION & VIOLENCE PREVENTION

Helping young people make safer, informed choices



### ANGER MANAGEMENT & EMOTIONAL REGULATION

Practical tools for managing emotions and resolving conflict



### IDENTITY, CONFIDENCE & PERSONAL DEVELOPMENT

Exploring self-belief, values and positive decision making



### BEYOND THE GATE

Resettlement & reintegration support for young people leaving custody into the community

## REFER / CONTACT US



Email:  
admin@bigbrotherlittlebrother.com



Instagram:  
bigbrotherlittlebrother\_

SCAN TO FOLLOW  
OUR JOURNEY



@BIGBROTHERLITTLEBROTHER

♥ LIVED EXPERIENCE | 👤 POSITIVE ROLE MODELS | 🎓 EMPOWERMENT | ☆ OPPORTUNITY | 👤 CHANGE

♥ We don't just talk change. We live it, we lead it, we create it.

Registered Community Interest Company (CIC)

|  <b>Contact Ealing timetable: September — December 2026</b><br><b>Enquiries: <a href="mailto:ealing@contact.org.uk">ealing@contact.org.uk</a></b> |                                                                                            |                                                                                                                                                             |                                                                                                                                                                             |                                                                                                                                                                  |                                                                                                                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Autumn                                                                                                                                                                                                                             | Walk & Talks                                                                               | Autism Group                                                                                                                                                | Carers Group                                                                                                                                                                | Community languages                                                                                                                                              | Crisis Resilience Workshops                                                                                                                                                  |
| September                                                                                                                                                                                                                          | Monday 14th September<br>10.30am - 12pm<br><a href="#">Gunnersbury Park</a>                | Wednesday 23 <sup>rd</sup> September<br>12o'clock to 2.30pm<br><a href="#">Sleep Training</a> with Nickie Sutton: Sleep & Puberty                           | Monday 28th September<br>10am - 13pm<br><a href="#">Wellbeing Event</a> "Sound Bath" at St Andrews Church Centre                                                            | Monday 12 <sup>th</sup> October<br>10.30am<br>Coffee morning<br>Community Language support<br>Parkside Cafe                                                      | Friday 9 <sup>th</sup> October<br>Online workshop on <a href="#">Money Matters</a><br>SEND related benefits                                                                  |
| October                                                                                                                                                                                                                            | Thursday 22 <sup>nd</sup> October<br>10.30am to 12pm<br><a href="#">Osterley Park</a>      | Wednesday 7 <sup>th</sup> October<br>12o'clock to 2.30pm<br><a href="#">Sleep Training</a> with Nickie Sutton - Part 1                                      | Friday 16 <sup>th</sup> October<br>10.30am - 12o'clock<br><br>Online workshop on <a href="#">SEN support in schools</a>                                                     |                                                                                                                                                                  | Tuesday 13th October<br>6.30pm -8pm<br>Online evening workshop<br><a href="#">PIP (Personal Independence Payment)</a> for young people aged 16-25 with SEND                  |
| November                                                                                                                                                                                                                           |                                                                                            | Wednesday 14th October<br>12o'clock to 2.30pm<br><a href="#">Sleep Training</a> with Nickie Sutton - Part 2                                                 | Monday 30 <sup>th</sup> November<br>10.30am - 12o'clock<br>Joint Information and well being <a href="#">session with CAMHS</a> for parents and carers with additional needs | Monday 16 <sup>th</sup> November<br>10.30am<br><a href="#">Coffee morning</a><br><a href="#">Community Language</a> support<br>Jamaica Blue Cafe Ealing Broadway | Friday 27th November<br>10.30am - 12o'clock<br><br>Online workshop <a href="#">Money Matters post 16</a> - for parents and carers of young people with SEND aged 15 and over |
| December                                                                                                                                                                                                                           | Wednesday 2 <sup>nd</sup> December<br>10.30am to 12o'clock<br><a href="#">Walpole Park</a> | Tuesday 8th December<br>9.30am - 3pm<br><a href="#">IPSEA Training course for parents on existing EHCPs</a><br>limited spaces available - booking essential |                                                                                                                                                                             |                                                                                                                                                                  |                                                                                                                                                                              |


**Contact Ealing timetable: September - December 2026**  
**Enquiries: [ealing@contact.org.uk](mailto:ealing@contact.org.uk)**

**Co-Production / Parent Engagement events**  
**jointly run with LA services and partners (EPCF and Ealing Mencap)**

**SEPTEMBER - DECEMBER 2026**

**Monday 14<sup>th</sup> September 2026 from 1 - 2pm: Update on Ealing's response to the SEND Reforms** with Aretha Banton, Assist Director of SEND & Inclusion, Ealing - online via Teams:  
[Register here](#)

**Thursday 24<sup>th</sup> September 2026 at 10.00am – 1pm: Parent Engagement event**  
**Venue:** Oak Tree Church Acton.  
 216 High Street, London, W3 9NX  
**Topic:** Communication  
[Register here](#)

**Thursday 16<sup>th</sup> October 2026 from 6.30 - 8.30pm (TBC)**  
 Online parent engagement event via Teams, hosted by Contact Ealing  
[Register here](#)

**Tuesday 3rd November 2026 from 10am to 1pm: Parent Carer Engagement event**  
**Venue:** To be confirmed  
**Topic:** SEN support in education (including EHCPs)  
[Register here](#)

**Feed in your views and experiences via our open [SEND Parent Survey](#).**

Check out the new **Co-Production** page of the Ealing Local Offer:  
<https://www.ealingfamiliesdirectory.org.uk/send-consultation-coproduction>






# FAMILY FUN DAY

Join us for a fun event for children and young people with Additional needs and their families. The day is proudly run in partnership by Ealing Mencap, Contact, EPCF, Anchor Foundation, and Ealing SENDIASS.

- ✓ Free food
- ✓ Children's entertainment
- ✓ Fun Activities provided



Scan to book!

**FREE ENTRY**



Saturday 12th September



Two sessions  
12pm-2pm & 2pm-4pm



Enterprise Lodge, Stockdove Way  
Greenford  
UB6 8TJ

**OR CLICK HERE TO FILL  
OUT THE FORM**

For more information,  
please call us on 020 8571 9954.



Ealing  
**Ealing**  
parent & carer  
**Forum**

**yvhsc**  
SEND SERVICES  
Engaging communities, shaping services.

**EALING  
ANCHOR  
FOUNDATION**  
Supporting Parents & Carers in Ealing

**contact**

For families  
with disabled children



## CONTACT EALING WALK & TALK FOR PARENTS AND CARERS

**Join us for a Walk & Talk in the beautiful  
Gunnersbury Park, finishing with a hot or cold  
drink together.**

**Monday 14th September 2026  
at 10.30am**

**Meeting point at Popes Lane Car  
Park**

Register via this link or the QR code:

<https://forms.cloud.microsoft/e/FJaddNSqeT>

Contact Ealing Walk & Talk at  
Gunnersbury Park, Monday 14th  
September 2026 at 10.30am start



**contact** *For families  
with disabled children*

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).





## DO YOU CARE FOR A CHILD WITH ADDITIONAL NEEDS?

### Welcome to your new SEND library space!

Come and meet a Contact Ealing Family Worker for advice and check out these specialist books and resources that may give you ideas and tips for your child

**Support at school | General benefits advice**  
**Practical help | Meet other parents like you!**

We are here from **9.30 am – 12 pm**

**Fridays: 15 May, 19 June, 10 July, 24 July, 21 August, 18 September 2026**

**Greenford Library, Oldfield Lane South UB6 9LG**



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## **Your Voice, Our Strategy - Ealing Council Parent/Carer SEND Engagement event**

### **Focus on Communication:**

Staff from Ealing Council and Health will come together to listen to and work together with parents.

**Thursday 24th September 2026**

**10am - 1pm (doors open from 9.30am)**

**Venue: Oak Tree Church Acton, 216 High Street, Acton, W3 9NX**

Register by scanning this QR code



**Hosted by Ealing Council - SEND and Inclusion Service - Co-Production Project**



## ONLINE EVENING WORKSHOP ON PIP (PERSONAL INDEPENDENCE PAYMENT) FOR PARENTS AND CARERS

*What is PIP, is my child eligible and how do I apply?*



Tuesday 13th October  
2026 at 6:30pm



### Online workshop

Register to receive the zoom link to  
attend via QR code here:

<https://forms.cloud.microsoft/e/1LhYmgCDMS>





## CONTACT EALING WORKSHOP ON SEN SUPPORT IN SCHOOL FOR PARENTS AND CARERS AN OVERVIEW



Friday 16th October  
2026 at 10.30am



### Online workshop

Register to receive the zoom link to  
attend via QR code here:

<https://forms.cloud.microsoft/e/efr8Cuju31>



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and Scotland (SC039169).



## CONTACT EALING WALK & TALK FOR PARENTS AND CARERS



Join us for a Walk & Talk in the beautiful Osterley Park, finishing with a hot or cold drink together.



**Thursday 22nd October 2026**  
at 10.30am



**Meeting point next to Jersey Road entrance.**



Register via this link or the QR code:  
<https://forms.cloud.microsoft/e/4vZAuncNER>



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## Contact Ealing Walk & Talk for parents and carers

Join us for our last Walk & Talk this term in Walpole Park,  
finishing with a hot drink together.



**Wednesday 2nd December 2026**  
at 10.30am



**Meeting point next to the playground  
and Pitshanger Hut**



Register via this link or the QR code:  
<https://forms.cloud.microsoft/e/naNVATXWGk>



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**contact** For families  
with disabled children



## NEED TIME TO RELAX AND UNWIND?

### CONTACT LONDON OFFICES "DEEP REST" PARENT CARER SUPPORT GROUP

Reduce stress | Feel better | Pamper yourself!

Take some time for yourself and practice "Deep Rest" – techniques that allow you to slow down your mind, regenerate, reduce stress and benefit your immune system. Sessions are led by Leah Barnett

<https://www.unwindwithleah.com/>.

**"9PM ON WEDNESDAY IS RAPIDLY BECOMING A HIGHLIGHT OF MY WEEK"**

**"I LOVE THESE SESSIONS SO, SO MUCH!"**

Join us and learn this relaxation practice, no equipment or fitness level required!

**Every Wednesday evening, starting on Wednesday 10<sup>th</sup> September 2026 at 9pm**

**Where:** online via Zoom

Need time to relax and unwind? Join Contact's "Deep Rest" parent carer support group, Reduce stress | Feel better | Pamper yourself! Take some time for yourself and practice "Deep Rest" – techniques that allow you to slow down your mind, regenerate, reduce stress and benefit your immune system. Join us and learn this relaxation practice, no equipment or fitness level required!

**Dates - Starting Wednesday 10<sup>th</sup> September 2026** and every subsequent Wednesday evening at the same time during term time. **FREE for parents and carers of children with additional needs. To book please book via this link below to receive the Zoom meeting link:**

<https://forms.office.com/e/lrfFUZXQJe>

At Contact we are committed to protecting your privacy. Whenever you share personal data with us we aim to be clear with you, and not to do anything with your data that you wouldn't reasonably expect us to do. We will never sell your personal data to other organisations and will only ever share it in appropriate, legal or exceptional circumstances. Data may be selected for a random audit by the Advice Quality Standard Assessors. We will only send e-newsletter and marketing communications to those that have explicitly stated that they are happy for us to do so via their preferred channel(s) (e.g. email, SMS, phone) or where we have a legitimate interest reason for doing so. These communications include information about Contact's services supporting families with disabled children, and offers and information about how you can become involved, including fundraising, campaigning and volunteering. For further information on how your information is used and your rights with regards to your information, please see <https://contact.org.uk/privacy>