

Welcoming Families and Celebrating Our School

Next week, we are very much looking forward to hosting our annual Open Evening for families with children in Year 6 who are choosing a secondary school for next year. This is always one of the most important events in our school calendar, as it gives us the opportunity to welcome visitors into Islip Manor High School and show them what makes our school such a special place to learn. To allow staff time to prepare, students will be dismissed early on **Tuesday at 1:25pm**. Students will have had lunch in school before they leave. Some students have been invited to return later in the day to help with Open Evening. Parents must have signed the permission letter for this, and **these students should go home at 1:25pm before returning to school for 4pm**. Open Evening will run until 7.30pm. If you know any families with children in Year 6, please do encourage them to come along — we would love as many people as possible to see our wonderful school.

Thank you to our Year 11 and Year 7 families who joined us in school this week. On Tuesday, Year 11 families attended our Securing Exam Success evening, where we shared information about the year ahead and how students can be supported to achieve their best. On Thursday, we welcomed Year 7 families to hear more about home-school communication and how students are settling in. It was also lovely to present all of our Year 7 students with their flutes as part of our partnership with the Music in Secondary Schools Trust.

This week we were also pleased to welcome colleagues from St Paul's Way Trust, another London school with whom we are working in partnership, to review and discuss our attendance systems. They spent time speaking with students and gave very positive feedback about their maturity, engagement and commitment to our school. Attendance continues to be an important national priority, and we are always keen to learn from others and share ideas about how we can support students to attend well and make the most of their learning. We've had a very strong start to student attendance this term which is testament to your support, so thank you for this.

Finally, we held a planned fire drill on Thursday. Please be reassured if your child came home talking about this — it was only a routine drill. Students responded very sensibly, and we will continue to practise this important safety procedure each term.

Thank you, as always, for your continued support.

Ms Marion Budd
Headteacher



DATES FOR YOUR DIARIES

Tuesday 29th September

Thursday 1st October

Monday 5th October - Friday 16th October

Tuesday 6th October

Wednesday 7th October

Friday 9th October

Friday 9th October

Open Evening (5.30-7.30pm) (Early finish for students - 1.25pm)

Year 7 Interform Basketball (3.15-4.05pm)

Open Morning Tours for Year 6 Families (9.15am)

A Level Physics UK AEA Centre for Fusion Energy Trip

Year 9 Inspire Trip to Natural History Museum & Lyceum Theatre

Year 9 Rescheduled End of Year Event (Walking Tour)

Somali Achievement Awards 2026

The Islip Manor Way – Our Four Stage Approach

As part of our **Conduct Curriculum**, students are being taught about the **Islip Manor Way Four Stage Approach**. This provides a clear and consistent way for staff to respond when behaviour disrupts learning, while giving students opportunities to **reset and make a positive choice**.

Stage 1 – First reminder: "What are you doing? What should you be doing?"

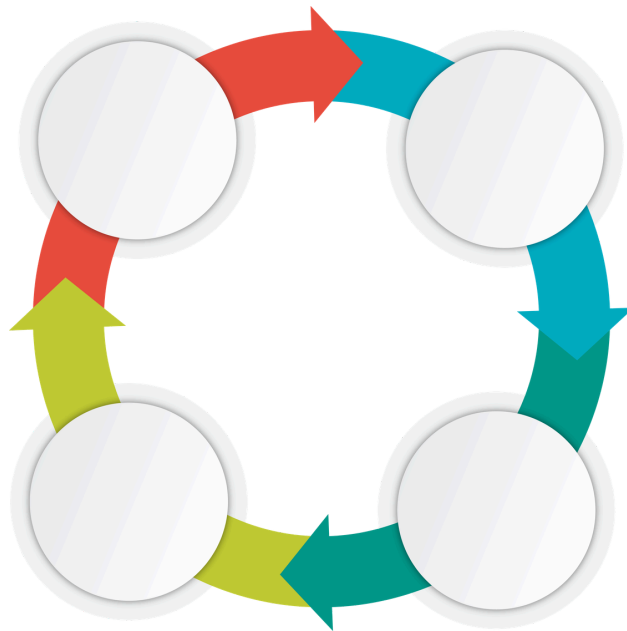
Stage 2 – Second reminder and clear redirection

Stage 3 – 25-minute detention and a final opportunity to reset

Stage 4 – Removal from the lesson to the Internal Suspension Room (ISR)

The emphasis throughout is on **correcting with dignity**, making expectations clear and helping students understand that their choices determine whether behaviour needs to escalate.

We are also reinforcing the **Islip Manor Way outside lessons**. Where behaviour during social times does not meet our expectations, students may receive a lunchtime detention for the following day.



Race Equality at Islip Manor High School - Weekly Update

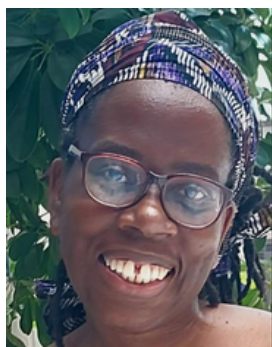
Black History Month 2026: Honouring Our Communities

This October, we are looking forward to celebrating Black History Month at Islip Manor High School. This year's theme, **"Honouring Our Communities,"** invites us to recognise the Black people whose ideas, creativity, leadership and everyday contributions help shape the communities around us.

Black history is an important part of British history and of our shared story. Throughout the month, we want our students to discover inspiring stories, celebrate achievements and reflect on the people who have opened doors for others. We will also encourage them to think about the strength of their own communities and the many ways people support one another.

Last year, students explored Black history through assemblies and learning across a range of subjects. We look forward to building on that spirit of curiosity, pride and celebration this October, and to sharing what our students learn with families.

On **Friday 16th October**, we will take part in **Wear Red Day** in support of **Show Racism the Red Card**. Please look out for further communication about how students can get involved.



Race Equality Leads:

Angela Miller (Parent Ambassador and teacher), Marie Dennis (Inclusion Manager and Assistant Headteacher) & Matt Haresnape (Senior Deputy Headteacher)

Discover, Develop & Thrive: Our Enrichment Programme

We are excited to launch our Enrichment Programme. Clubs are available to students at no cost at Lunchtime and After school (15.15-16.15).

This is an opportunity for our students to display and develop our 5 Core Values: Collaboration, Curiosity, Courage, Confidence and Creativity. We would encourage all of our students to sign up and attend a club to improve their skills, experience and enjoyment of school life.

Students can sign up via their new unique Student Synergy Portals which they are being trained on how to use this half term. They are also welcome to turn up to a club and register for the term.

For our Afterschool clubs, students will unlock their Yondr pouches after being dismissed by the member of staff leading the club.

Below is the schedule for the Autumn Term, any queries can be directed to Mr A Deb.



Islip Manor High School Clubs 26/27 - Autumn Term					
	Monday <i>Collaborative</i>	Tuesday <i>Confident</i>	Wednesday <i>Courageous</i>	Thursday <i>Creative</i>	Friday <i>Curious</i>
Community Lunch Clubs	Board Games Canteen	Board Games Canteen	Board Games Canteen	Chess Club Canteen	Board Games Canteen
	Football (Y7,11) Week A - AWP	Football (Y8,9,10) Week A - AWP	Football (Y7,11) Week A - AWP	Football (Y8,9,10) Week A - AWP	Football (Y7,11) Week A - AWP
	Football (Y8,9,10) Week B - AWP	Football (Y7,11) Week B - AWP	Football (Y8,9,10) Week B - AWP	Football (Y7,11) Week B - AWP	Football (Y8,9,10) Week B - AWP
	Library	Library	Crotchet Club 212	Library	Library
	Prayer 108	Prayer 108	Prayer 108	Prayer 108	Anime, Gaming 120
	Violin Club(Y8) 112	Flute Club (Y7) 112		Careers Club 202	AS Level Physics 201
After School	Y7,8 Football AWP	Y9, 10, 11 Football AWP	Music & Drama Production Main Hall	Creative Club 016	KS4,5 Book Club Library
	Crotchet Club 105		A Level Physics 201	KS4 Further Maths 101	
	Sixth Form UCAS Common Room	Nature Club, STEM 205	Netball Sports Hall Inspire Club 206	KS4 French 110 Geography Club 221	Friday Prayer 108

Inspiring Bright Futures | Building Strong Foundations | Empowering Vibrant Minds | Upholding High Standards

FREE online parenting workshop



EMPLOYMENT, BENEFITS & RETRAINING

Delivered by
Surria Ali &
Thankaraj
Karunakaran

Family Community
Work Coaches

what benefits are you entitled
to while you're working?

learn how to access local training
opportunities and courses

impartial advice on
returning to work

how can you get support to
change career, or return to work
after a break

discover what support is available
for you and your family

Tuesday, 15th
Sept 2026
10am-12pm
via MS Teams

email parentingserviceadmin@ealing.gov.uk to register or for more info



London Borough of
Ealing

**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



**EALING
PARENTING
SERVICE**

EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS AUTUMN TERM 2026

Tues 15th
SEPT

Employment, Retraining & Benefits

*Delivered by Surria Ali & Thankaraj Karuakarun
- Family Community Work Coaches
via MS Teams 10am-12pm*

Tues 22nd
SEPT

Fathers Group - title TBC

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm *men only session*

Tues 6th
OCT

Introduction of Internet Safety

*Delivered by Hayley Jones - SAFE West Team
via MS Teams 10am-12pm*

Tues 20th
OCT

Fathers Group - title TBC

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm *men only session*

Tues 10th
NOV

Understanding Your Teenager

*Delivered by Sabrina Meakins - SAFE Counselling
via MS Teams 10:30am-12:30pm*

email parentingserviceadmin@ealing.gov.uk to register or for more info



EALING PARENTING SERVICE

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EALING PARENTING SERVICE

FREE PARENTING WORKSHOPS AUTUMN TERM 2026

**Tues 24th
NOV**

Contact

*Delivered by Contact Ealing
via MS Teams 10am-12pm*

**Tues 24th
NOV**

Fathers Group - title TBC

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm *men only session*

**Tues 1st
DEC**

Domestic Abuse, Parenting & You

*Delivered by Pat Chapman - SAFE West
via MS Teams 10am-12pm*

**Tues 15th
DEC**

Fathers Group - title TBC

*Delivered by Derek Willis - Ealing Parenting Service
via MS Teams 10am-12pm *men only session*

email parentingserviceadmin@ealing.gov.uk to register or for more info





Morelife

FEEL GOOD, FOR GOOD.

Support that works for your life,
your health and your weight goals.

Join MoreLife's **FREE** weight
management programme!

A completely different approach:

- No strict rules or telling you what to do
- Focus on how your thoughts and feelings affect your habits
- Guided support to overcome your personal barriers
- Backed by cutting-edge research

A programme that includes:



Women-Only
Spaces



Men-Only
Groups



Fully
Accessible



LGBTQ+
Safe Space

WHO IS ELIGIBLE?



Adults with a Body Mass Index (BMI) of 30+ or a BMI of 25 if they have a health condition such as: Type 2 Diabetes.



Adults with a BMI of 27.5+ if from a BAME population or a BMI of 23+ if from a BAME population with a health condition such as: Type 2 Diabetes.

SIGNUP FOR FREE:

www.more-life.co.uk/ealing



SCAN ME

24/7 mental health single point of access

0800 328 4444

Our single point of access phone line is a freephone number. You can also contact us by calling NHS 111 and selecting option 2.



24 hours a day, 7 days a week

We're here for you - if you're feeling overwhelmed, and struggling with your mental health or looking for advice and guidance. You can also contact us if you are worried about someone else or are a healthcare professional.



Promoting hope & wellbeing **together**

Aftercare & Moving Forward Service

EACH

Enabling Change

Rebuilding Lives

Women and young male relatives who have experienced abuse

We provide 1-on-1 counselling, specialist recovery and resettlement support for women who have experienced domestic violence and abuse.

This service is for:

- Women 18+
- Related Young males (12-18)
- Currently living in a specialised
- Safe Accommodation
- Living in Brent, Ealing, Harrow, Hillingdon, Hounslow, Richmond and Kingston



We accept referrals from professionals and self referrals.

 **020 8577 6059**



info@eachcounselling.org.uk



www.eachcounselling.org.uk



MAYOR OF LONDON
OFFICE FOR POLICING AND CRIME

EACH Counselling & Support
4th Floor | 84 Uxbridge Road | West Ealing W13 8RA

Registered Charity No: 1025967 | Company Ltd. by Guarantee No: 02818814





Ealing
Smokefree
Service

NHS
Ealing
Community
Partners

STOPTOBER 2026

LET'S QUIT SMOKING TOGETHER

Take the first step to a **healthier, smoke free you.**



THURSDAY
1 OCTOBER



12PM - 4PM



NORTHOLT LEISURE CENTRE
Eastcote Lane North,
Northolt, UB5 4AB

**GET FREE, FRIENDLY
SUPPORT ON THE DAY**



Speak to our Smokefree
Advisors



Get a personalised
quit plan



Access stop smoking
medication



Approved vapes available
to take away

**KICK THE HABIT.
BREATHE EASIER.
FEEL BETTER.**



- SUPPORT
- ADVICE
- FREEBIES
- REFRESHMENTS



0208 354 8889



wlm-tr.hls@nhs.net



Find out more
[www.westlondon.nhs.uk/
ealing-smokefree-service](http://www.westlondon.nhs.uk/ealing-smokefree-service)

Scan the QR code
to find out more
about our service



ARE YOU READY TO MAKE A DIFFERENCE? in your community



Become a Health & Wellbeing Ambassador

We are looking for passionate Black women who are willing to travel to South Central Ealing to join us as Health & Wellbeing Ambassadors and lead change in the community.

WE ARE LOOKING FOR WOMEN LIVING IN OR CONNECTED TO:

- | | |
|------------------|-------------------|
| 📍 Norwood Green | 📍 Hanwell |
| 📍 Southall Green | 📍 Ealing Broadway |
| 📍 Northolt | 📍 West Ealing |
| 📍 Greenford | |

You do not need to live in these areas – just be willing to travel there!

AS AN AMBASSADOR YOU WILL:

- ♥ Receive full professional training
- ♥ Gain an opportunity to work with the grassroots community
- ♥ Deliver sessions promoting health and wellbeing
- ♥ Connect with and support local Black women
- ♥ Bridge gaps between community and health services
- ♥ Be part of a powerful network making a difference

WHY JOIN US?

- FREE training provided
 - Expenses covered
 - Make a real impact
 - Be part of something historic
 - Your voice. Your community.
- Lead. Inspire. Change lives.*

**This is a FREE opportunity open to
Black women willing to travel to South Central Ealing**

Delivered by Empathy Souls CIC in partnership with
South Central Ealing PCN & NHS North West London ICB

INTERESTED?

Join our Open Information Session to find out more and get involved.



OPEN SESSION:

TBC

Date, time and venue to be confirmed

Scan to register:



Helping you feel confident in your
caring role at home



CARERS SUPPORT

FREE ONLINE TRAINING

Clean Hands & Clean Wounds Infection Prevention & Control in everyday life	17th Sept 2026	10:00 - 12:00
Connecting Through Communication Supporting people living with Dementia	1st Oct 2026	14:00 - 16:00
Looking After Yourself Nutrition, hydration, dental care, vaccinations, screening & managing appointments	12th Oct 2026	10:00 - 12:00
Medicines Management Storage, record keeping, expiry dates, missed doses & community pharmacy advice	28th Oct 2026	10:00 - 12:00
Preventing Falls At home and while out and about	11th Nov 2026	14:00 - 15:30
Meet Your Carers Centre An introduction to your local Carers Centre & the support available to you	26th Nov 2026	10:30 - 12:30



Scan the QR code to book your place or contact us on:



07877078261 (Me!)



hello@integratedcaresupport.com

www.integratedcaresupport.com



WORK EXPERIENCE PLUS!

Admin & Digital Skills in Social Care

Gain real workplace skills • Build your confidence • Take your next step

7, 8 and 9
October

10:00am –
12:00pm
each day

Microsoft Teams
Fully Virtual



For 18-25 year olds
who are not in education,
employment or training (NEET),
living in the North West London area.

Learn
Try it
Build your
confidence

NHS

Fully
Virtual
on
Microsoft
Teams

REGISTER NOW PLACES ARE LIMITED!

Secure your place today and don't miss
this fantastic opportunity!

Scan to register



DAY 1 – 7 OCTOBER

Working in Administration

- Learn about the Administrator role in Social Care
- Hear from a guest speaker about their experience in Admin
- Professional communication
- Managing enquiries and appointments
- Confidentiality
- Accurate record keeping



Yoodli Workplace Challenge
GP Surgery Reception Simulation

DAY 2 – 8 OCTOBER

Digital Admin & Excel

- Meet our Digital Data Lead
- Discover how digital tools and data are used in the workplace
- Data Entry, Data Quality, Excel
- Sort & Filter, Duplicates, Pivot Tables and more



Data Detective Challenge
Put your new skills into practice with a workplace spreadsheet. Laptop or iPad with Excel required (or use Excel for the web for free)

DAY 3 – 9 OCTOBER

Get Ready for Work

- Recognise your transferable skills
- Add your work experience to your CV
- Use the STAR interview technique
- Talk confidently about your Admin and Digital skills



Yoodli Interview Challenge
Take part in a simulated Administrator Job interview and practise answering real interview-style questions.



NHS Certificate
on completion of all three days



Access to learning resources
including Excel, Outlook, Administration content and more



Support with next steps
through the West and North London Recruitment & Talent Hub



What you'll need:
• A laptop or suitable device
• A stable internet connection
• Microsoft Teams



For Day 2, you will need Excel. If you do not have Excel for your device, you can use Excel for the web with a Microsoft account.

LEARN IT | TRY IT | BUILD YOUR CONFIDENCE | TAKE YOUR NEXT STEP

More than an experience... A brighter future



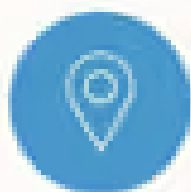
Understanding Monotropism, Attention & Transitions

With Dr Wenn Lawson

Explore what monotropism means and how it may relate to autistic children and young people who may also have ADHD.



Tuesday 6th
October, 9.30 -
11.30 am



Online via
Eventbrite



More info: enquiries@adhdandautism.org

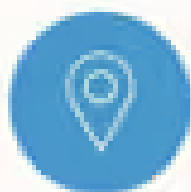
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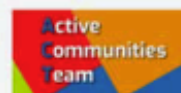
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London Borough of

Ealing

SOUTHALL CLEAN RIDE ROUTES



Community Workshop:



11:00am - 2:00pm



Manor House Cafe,
The Green,
Southall, UB24BJ



Saturday
26th September

Your Views Matter!

Help us by completing our short survey so we can understand your local needs and ideas.

Scan here
&
have your
say



Together we can create cleaner streets and healthier communities—come and find out more about the Clean Routes Project.


activity@accteams.uk